- 1. Describe a team or community that you felt was particularly healthy. What made it so? How did the health of the organization contribute to your enjoyment of it? Your well-being? Other?
- 2. Read Acts 2:42–47. What are the indicators of health for the early church in Jerusalem?
- 3. How did the early church live out its commitment to fellowship? How can their commitment influence our experience of unity, generosity, hospitality, joy, and sincerity? Describe in your own words the ideal for each area.
- 4. What indicators are there in the text that the world took notice of the early church? In what ways? How can spiritual health impact, rather than be impacted by our environment?
- 5. How is God asking you to contribute your time, talent, and treasure to the vibrancy of the local church and to what He's doing locally, regionally, and around the world? Jot down a couple of thoughts. Put them to prayer. Discuss them with relevant family members. And then act on what God convinces you of.